

Plants in the Herb Spiral Garden*

Botanical Name	Common Name	Type	Uses	Additional Notes
<i>Achillea millefolium</i>	Common yarrow	Perennial	Once used for medicinal purposes	Was used by native Americans to make tea
<i>Allium schoenoprasum</i>	Chives	Perennial	Culinary, all parts edible	
<i>Boehmeria nippononivea</i>	Japanese false nettle	Perennial		
<i>Foeniculum vulgare</i> 'Purpureum'	Bronze fennel	Perennial	Culinary – leaves and seeds	Readily self sows in the garden. Swallowtail butterflies use plant as a host.
<i>Lavandula</i> spp.	Lavender	Perennial	Tea, culinary, potpourri	
<i>Melissa officinalis</i>	Lemon balm	Perennial	Tea, culinary	
<i>Mentha spicata</i>	Spearmint	Perennial	Tea, culinary	Best grown in contained space, as can spread aggressively.
<i>Ocimum basilicum</i>	Basil	Annual	Culinary	
<i>Ocimum tenuiflorum</i>	Holy basil	Annual	Tea	Used in traditional Indian Ayurveda.
<i>Origanum vulgare</i> 'Roseum'	Oregano	Perennial	Culinary	Has many subspecies.
<i>Petroselinum crispum</i>	Parsley	Biennial	Culinary	Swallowtail butterflies sometimes use plant as a host.
<i>Salvia elegans</i>	Pineapple sage	Perennial	Tea, jellies, garnish	Flowers and leaves edible.
<i>Salvia officinalis</i>	Common sage	Perennial	Culinary	
<i>Salvia rosmarinus</i>	Rosemary	Perennial	Culinary, tea, perfume	Essential oil of rosemary has been used to boost memory.
<i>Santolina chamaecyparissus</i>	Lavender cotton	Perennial		Can cause allergic reaction in some people
<i>Thymus citriodorus</i>	Lemon thyme	Perennial	Culinary	

*As of August 30, 2021